



# Care.

## We're devoted to kids—and it shows.

As parents, we all want the best care for our little ones. Right from the start, we look for a pediatrician we trust to help them stay healthy. Doesn't it make sense to do the same for your child's oral health? At DSDA KIDS, our pediatric dental specialists, Dr. "Janna" and Dr. "Jenn", are dedicated to providing optimum dental care with a Mom's Touch™. Our goal isn't just to make dental visits happier, it's to give your child a caring, comfortable dental home through every stage of oral development. By focusing on prevention, education, and growth guidance, we will help your child enjoy a lifetime of healthy, beautiful smiles.

Dr. Janna Danbe and Dr. Jennifer LaSasso received their Doctorate in Dental Medicine degrees from the University of Medicine and Dentistry of New Jersey (UMDNJ). After graduation each completed an Advanced Education Program in Pediatric Dentistry. Dr. Danbe received her specialty training at Montefiore Hospital in association with Albert Einstein College of Medicine and Dr. LaSasso received her specialty training at New York University College of Dentistry. They are uniquely qualified to treat infants, children, young adults, and those with special needs.

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DENTAL ASSOCIATES, P.A.



*Pediatric oral care  
with a Mom's Touch™.*

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A little extra care goes a long way.



# Nurture.

**It's never too early to start thinking about your baby's oral health.**

When you're expecting, your baby's teeth may not be the first thing on your mind. But did you know that teeth begin to develop during the second month of pregnancy? So the time to start planning for your baby's oral health is before your bundle of joy arrives. The old saying, "you're eating for two" applies here—your diet does affect the development of your unborn baby, including the teeth. Make sure you eat nutritious, well-balanced meals and choose snacks that are healthy for both of you.

Remember to pay special attention to your teeth and gums throughout your pregnancy. Seeing your dentist for check-ups and cleanings is safe, recommended and beneficial. That's because pregnancy—and the changing hormone levels that occur with it—can exaggerate certain dental problems. Some research suggests that serious gum disease is linked to premature birth and low birth weight. Feel free to consult with our periodontists to ensure your oral health.

# Protect.

**Get ready for first steps, first teeth and a first trip to the dentist.**

Many parents wonder when they should first take their child to the dentist. The simple answer is: the earlier, the better. Your family's oral health affects that of your baby, so the sooner you can start implementing preventive strategies, the greater your chance for optimal oral health. The American Academy of Pediatrics recommends that infants receive an oral health risk assessment by six months of age. At that time, we will work closely with your pediatrician to assure your little one receives the care he or she deserves.

Here at DSDA KIDS, we believe that early infant visits are important in establishing a "dental home". At the first dental visit, we'll develop a customized approach to your child's unique dental and health needs. It includes an oral health risk assessment, oral hygiene instructions, dietary counseling and guidance, so you can build good habits early on. This dental visit will be valuable for another reason, too: you will be helping your child start a positive lifelong relationship with the dentist.

# Teach.

**Introduce and continue good habits for dental—and overall—health.**

Your toddler is on the move and so are those baby teeth! Remember, baby teeth do not last a lifetime, but they are important for chewing, speaking, jaw development, and a confident smile. Being involved in your child's oral care at this age will start them on the path to success.

What else can you do to establish good oral care during the toddler years? Make sure every member of your family receives routine dental care since pathogenic bacteria are transmitted from family members to child. We'll see that your child receives his/her own preventive plan, which will include strategies for plaque control, remineralization, and nutrition—all using 21st century minimally invasive dentistry. In addition, we will address habits such as pacifier use, sippy-cups, and thumb sucking. With each trip to DSDA KIDS, you'll be reinforcing that the dentist is someone to like and trust.

# Grow.

**Guiding your child's dental evolution is important.**

As your child enters the transition years from age six to twelve, baby teeth begin to wiggle and fall out and new "adult" teeth start emerging to take their place. It's a busy time for the tooth fairy! Regular dental visits will continue to provide expert guidance and care during this stage. By now, most kids will have growing responsibility for their daily oral care. Our pediatric dentists can provide specific ways to optimize your child's program as well as help him/her understand the connection between good nutrition and oral health. Sealants are often recommended at this age as part of your child's preventive program—this thin covering keeps out plaque and food, decreasing the risk of tooth decay.

The American Association of Orthodontists recommends that children receive an orthodontic screening no later than age seven. Early intervention and growth guidance can address concerns and potential problems and can often reduce the overall treatment time, resulting in the best outcome.

# Improve.

**We can help create the perfect smile.**

A healthy, beautiful smile is important at any age, but during the teenage years it plays a big role in your child's self-confidence. At DSDA KIDS, we have an orthodontist on our team with whom we work closely. This specialist will create a personalized treatment plan for your child to correct a malocclusion, or "bad bite." Our goal is to create a smile your teen will be proud to show off.

Of course, we will also continue to build upon the good oral care habits we have helped your child establish over the years. Along with regular check-ups and cleanings, this might mean fitting him or her with a mouthguard if they participate in sports or recreational activities. Coaches and team members know that mouth protectors cushion blows that would otherwise cause broken teeth, injuries to the lips and face, and sometimes jaw fractures. Even non-contact sports such as soccer, volleyball, and skateboarding carry a risk of dental injuries. We want to do all we can to make sure your child's teeth last a lifetime.

# Maintain.

**Daily care and regular check-ups help to ensure a lifetime of good health.**

Providing children with quality dental care does so much more than keep their teeth and mouth healthy. It is also a key component in ensuring their total health and wellbeing. At Diamond Spring Dental Associates, we have long been aware of the intimate connection between oral health and your overall health. This is why our entire staff is trained to look at the "whole picture" at every visit and provide each person with individualized care. It's an approach that sets us apart from other practices and one of which we're especially proud.

We offer another distinct advantage, too. Unlike many practices, we have a full complement of specialists and family dentists on staff to meet the needs of every member of your family. When your child is ready to transition, our team is ready to oversee your young adult's dental needs. With our busy lives, it's nice to know that your entire family's oral care can be met in one convenient and comfortable office. We invite you and your child to come in and meet with us soon. For further details on our practice, visit [www.diamondspringdental.com](http://www.diamondspringdental.com).